Gender 2.0: RESOURCES

GENDER DIVERSITY/LGBTQ+ Reading (4-8)

Julian is a Mermaid

by Jessica Love

Beautiful book about a young boy with mermaid aspirations. Love's gorgeous illustrations provide endless opportunities for discussion and discovery. Wonderful "point of entry" text to examine gender roles and expectations with young children.

Tags: gender, gender nonconforming, identity, transgender, self-confidence, courage, culture, empowerment

Neither

by Airlie Anderson

This charming book challenges young readers to see beyond the binary by framing the main character's struggle - born into the Land of This and That, but not quite fitting into either "this" or "that"- in a way that encourages empathy and discovery. Great read-aloud.

Morris Micklewhite and the Tangerine Dress

by Christine Baldacchino

A simple and realistic portrayal of a gender expansive character's struggle at school.

Sparkle Boy

by Leslea Newman*

The author of the well-known *Heather Has Two Mommies*, Leslea Newman has several books about LGBTQ families. This one takes a somewhat heavy-handed and obvious approach about a gender expansive character, but the book's clear, unwavering messages of support and acceptance are heartening.

I Am Jazz

by Jessica Herthel and Jazz Jennings

About the early journey of a transgender MTF (male-to-female) child. This version is meant for young children and handles her story with care, in an age-appropriate, accessible way.

*It's easy to find audio and visual interviews with Jazz, too, which brings her to life and has the potential to elicit real empathy and thoughtful discussion.

Big Bob, Little Bob

This one comes highly recommended by my own kid, who read it for the first time in school. Charming story about two boys who struggle to find overlap. One happily enacts traditional gender norms, the other doesn't. They muddle through together, ultimately arriving at friendship with a twist ending.

Who Are You?

The Kid's Guide to Gender Identity

Brook Pessin-Whedbee

An exploration of gender identities and expressions, with a fun colored gender wheel at the back that kids love to manipulate.

Gender/Identity/LGBTQ+ Reading: 9+

(Screening more important here, as some are better-suited for a middle school audience, while some are totally appropriate for 4th/5th graders. I have read many but not all, as - happily - some are more recent!)

George

Alex Gino

By now already familiar and beloved to many of our upper-grade students, this short but impactful novel tells the story of a transgender 4th grader grappling with her true identity.

The Witch Boy/ The Hidden Witch

By Molly Osterag

Captivating graphic novels in which the male protagonist struggles against his culture's gender role limitations. He wants to be a witch, but he's told he can't because he's a boy.

The Prince and the Dressmaker

Jen Wang

Another graphic novel. My own kid has read this about five times. At first I wished the ending weren't so heternormative, but I've reconsidered. Wang created a male-identified character who is gender non-conforming but didn't make him gay. It both defies a stereotype (that boys with feminine gender-expression are always gay) and clarifies a distinction (that gender identity and sexual identity are not the same).

Magnus Chase and the Gods of Adgard (Book 2)

Rick Riordan

Any upper grade teacher will likely have witnessed firsthand the cult-like worship of Rick Riordan and his popular Percy Jackson series. Magnus Chase is a separate series with a similar vibe. Note: This is not a stand-alone book, but it's one worth mentioning. There is a gender-fluid character folded within the larger narrative, who is not the whole point, just an added dimension to an already rich plot. AND this series, in my experience, has cross-gender appeal.

The Witch Boy

Molly Osterag

It's the standard feminist setup, flipped. A boy in a matriarchal society wishes to train as a witch, which of course he is forbidden from doing because of his gender. The sequel, *The Hidden Witch*, is also wonderful!

More reading recommended by librarians

(A.K.A. The-Most-Inclusive-Humans-On-Earth)

https://www.cbc.ca/parents/learning/view/librarians-recommend-ten-books-that-deal-with-gender-identity-or-sexuality

Recs from Epic Reads:

YA Books with LGBTQ Characters https://www.epicreads.com/blog/lgbtq-ya-books-pride/

VIDEO LINKS

Sex and Gender Identity: An Intro

https://www.youtube.com/watch?v=ago78PhUofI

Range of Gender Identities: From Amaze.org

https://www.youtube.com/watch?v=i83VQIaDlQw&t=100s

Storycorps: Mom and transgender son

https://storycorps.org/stories/jennifer-sumner-and-keyson-ford-181026/

20/20 with Jazz Jennings

https://www.youtube.com/watch?v=bJw3s85EcxM

12 year old's Ted Talk on Gender: Audrey Mason-Hayde

"Toilets, Bowties, Gender & Me"

https://www.youtube.com/watch?v=NCLoNwVJA-0

Classroom Gender Experiment:

https://www.youtube.com/watch?v=G3Aweo-74kY&t=3s

Norway Gender Equality Commercial:

https://www.youtube.com/watch?v=8nVWBo-YGtI

MORE RESOURCES TO EXPLORE: For Adults

Parenting/Gender Spectrum Website

https://www.genderspectrum.org/explore-topics/parenting-and-family/

The Gender and Family Project (out of the Ackerman Institute)

https://genderandfamilyproject.org/

Amazing organization right here in NYC with tons of support and services for gender diverse and trans kids and their families.

An Educator's POV: How to Teach/Support Gender Variance with Young Students

https://rethinkingschools.org/articles/its-ok-to-be-neither-teaching-that-supports-gender-variant-children/

From Esther Perel: The Language of Gender: Beyond Boy and Girl

https://estherperel.com/blog/the-language-of-gender-beyond-boy-and-girl

More Esther: Breaking Free from Gender Expectations:

https://estherperel.com/blog/breaking-free-from-gender-expectations

Tomboy

Lisa Selin Davis

A fascinating history of the word's evolution over time, sprinkled with profiles of folks whose gender expression defied/defies gender norms, and a well-researched argument that gender norms are not fixed, but ever-changing.

From Teaching Tolerance: "Supporting Nonbinary Colleagues":

https://www.tolerance.org/magazine/supporting-nonbinary-educators-in-the-workplace

From Teaching Tolerance: "Teaching Kindness Isn't Enough": A 1st grade teacher explains <a href="https://www.tolerance.org/magazine/fall-2019/teaching-kindness-isnt-enough?utm_source=Teaching+Tolerance&utm_campaign=fbb7bde5ae-Newsletter+9-17-2019&utm_medium=email&utm_term=0_a8cea027c3-fbb7bde5ae-100323131

Gender: Your Guide

By Lee Airton

https://www.amazon.com/exec/obidos/ASIN/1507210701?tag=simonsayscom

The Gender Creative Child

https://www.amazon.com/Gender-Creative-Child-Nurturing-Supporting/dp/1615193065/ref=sr_1_1?keywords=the+gender+creative+child&qid=1571654449&sr=8-1

Gender Born, Gender Made

https://www.amazon.com/Gender-Born-Made-Gender-Nonconforming-Children/dp/161519060 0/ref=tmm_pap_swatch_0?_encoding=UTF8&qid=1571654508&sr=8-1

5 Tips for Preventing/Reducing Gender Bias

https://mcc.gse.harvard.edu/resources-for-families/5-tips-for-preventing-and-reducing-gender-bias

Imagining a Better Boyhood

https://www.theatlantic.com/family/archive/2018/06/imagining-a-better-boyhood/562232/

NY Times: Sweden's Approach: Gender Neutral Pre-Schools

https://www.nytimes.com/2018/03/24/world/europe/sweden-gender-neutral-preschools.html

We Must Teach Emotional Literacy to Boys - Lily Howard Scott (!!) Washington Post Op-Ed

https://www.washingtonpost.com/education/2018/11/20/teacher-we-must-teach-emotional-literacy-boys-heres-what-happened-when-i-tried/?utm_term=.323302dc6aca

NY Times: Talking to Boys the Way We Talk to Girls

https://www.nytimes.com/2017/06/15/well/family/talking-to-boys-the-way-we-talk-to-girls.html

NY Times: Do Men and Women Have Different Brains?

https://www.nytimes.com/2019/09/09/books/review/gender-and-our-brains-gina-rippon.html?auth=login-email&login=email

NY Times: Draw a Leader

https://www.nytimes.com/2018/03/16/health/women-leadership-workplace.html